

# Packing Checklist for Iran



## Must-Haves

- Ticket/boarding pass
- Passport
- Visa<sup>1</sup>
- ID photos
- Travel insurance
- Other travel documents
- Money
- Plug adapters<sup>2</sup>
- Phone/laptop/tablet charger + portable phone charger
- Extra copies of your document
- Medication
- Watch
- Wallet
- Cell phone
- Camera

## Clothes and Accessories

- Underwear
- Socks (Warm ones in case of traveling in winter)
- Towels
- Proper tops<sup>3</sup>
- Pants (either warm or loose ones; depending on your month of visit)
- Headcover (scarves or hats)
- Pajamas/comfortable clothes
- Shoes<sup>4</sup>
- Walking shoes
- Sandals
- Coats/jackets/rainwear
- Glasses/ contact lenses
- Sunglasses
- Belt

<sup>1</sup> See Iran Visa and Visa on Arrival article.

<sup>2</sup> Iran has two-prong outlets.  
[www.persiantourismservice](http://www.persiantourismservice)

- Sun hat
- Backpack/handbag/purse
- Headphones

## Toiletries

- Toothbrush
- Toothpaste
- Shampoo/Conditioner
- Soap/ Shower gel
- Comb/ Brush
- Sunscreen
- Toothpicks/ Dental floss
- Moisturizer
- Makeup
- Feminine-hygiene products
- Deodorant
- Nail clippers/Nail file
- Razor/Grooming kit
- Lotion
- Pain relievers
- First-aid kit

## Covid-19 Necessities

- Negative PCR test results
- Vaccination pass
- Hand sanitizer
- Face mask
- Sanitizing wipes

## Don't Take

- Alcohol or any food or drinks that contain alcohol
- Pork (or anything that contains any kinds of pig products)
- Cold weapon

<sup>3</sup> See What to Wear in Iran article.

<sup>4</sup> Refer to What to Wear in Iran article.